

Elizabeth Smith Pet name: Lilly 22 Aug 2022

# CAT WELLNESS TEST RESULTS



Dear Elizabeth,

Your Pet Wellness Test Results are ready, based on the hair sample you sent us. This report includes intolerances, sensitivities and health vulnerabilities your cat's sample was tested for.

Where there is imbalance, the item is shown underneath the respective category. Items that your cat's sample was tested for, but are not mentioned are items that appear not to affect its body at the moment.

You can make the best use of these results by adapting your pet's diet, choose the places it's allowed to be, consider what it comes in contact with.

Upon making changes you will be able to see how your cat reacts positively or negatively.

We wish you the very best and a fresh new start!

The TestIntolerance team





#### **Energetic testing**

Energetic testing belongs to Complementary and Alternative Medicine (CAM) practices, a segment of therapies that include methods such as homeopathy, acupuncture, herbal medicine and many more. Energetic testing is one of those practices that may complement and support conventional medicine and is therefore used by healthcare professionals and alternative practitioners alike.

Its technology is based on reading the body's electromagnetic signatures to determine areas of imbalance and support overall health. A Pet Wellness Test provides us valuable information about our cat's behaviour towards specific foods, materials, pathogens, as well as what it is vulnerable/sensitive to.



#### How to contact us -

If you have questions about your results, feel free to email us at <a href="mailto:info@testintolerance.com">info@testintolerance.com</a> or use our online live chat.

Energetic testing or Bioenergetic testing or bioresonance testing with the use of hair samples do not constitute medical diagnosis, nor are equivalent to clinically validated tests. The information provided in this document does not constitute medical advice or treatment suggested by a licensed practitioner and does not intend to remedy, treat or prevent any health condition. The results of energetic testing are for informational purposes and any recommendation included should not be used in any way that would interfere with existing medicinal treatment.

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#### Energetic test vs Clinical test

Energetic screening tests are not comparable with and do not correspond to a clinical or laboratory test, such as a blood test. Energetic testing examines frequencies, whereas a blood test examines substances or molecules in the body's fluids. Energetic testing "asks" the body questions in holistic terms, whereas a blood test determines clinically established markers.

#### The path towards our pet's wellness

Every day our furry companions may come in contact with hundreds of different things. Materials, substances, environmental elements, and of course foods and food ingredients. It is only natural that some of these numerous items may affect its overall health. When it demonstrates sensitivity to one or more of them, it reacts, "telling" something is wrong.

In several occasions, like people, animals with generally good health may experience mild or less mild symptoms without us being able to find out what causes them. Sometimes it is even difficult to receive informed help from the vet. There are so many foods, so many materials and products that we use or are present in the places animals may find themselves, that it's impossible to know in advance what may affect them.

Allergies are easier to detect in general, as they have more direct, severe and temporary symptoms, while they manifest soon after contact, for example after the consumption of an allergenic substance. When allergy manifests, the immune system is triggered, producing IgE or IgG antibodies. Sensitivity to foods or materials or having certain sensitive organs/body functions is usually milder but chronic, while it is not detected with the regular clinical tests used to identify allergies.

When sensitivities occur, the body may trigger IgG antibodies or express its reaction in a psychosomatic manner or through a pseudoallergy. Its symptoms vary in nature and frequency.



#### How to use your test results

Identify items that affect your cat as a result of **exposure or consumption**. These items may belong to food categories you may opt to remove from its diet for at least 30 days, materials or chemicals you may want to minimise any contact with whatsoever.

2

Identify parts/areas in its body (organs, bones etc.) that are in a state of imbalance. Consider **adapting** diet, supplementation and vet care in a way that includes those parts/areas.

3

Identify pathogens and toxins that appear to affect your cat. You could consider adapting its diet and focus of healthcare towards eliminating these factors.

#### **Important Tips**



Once you start adjusting your cat's diet and lifestyle, try to observe changes or reactions. For example, milder symptoms, better mood, etc., and remember what contributes to its wellness.

Your pet's sample is tested for several different items. You may not always remember or be able to find out how and when it came in contact with a material or when it consumed a certain ingredient.

But keep in mind these items may be found even in the strangest places, even at home.



#### ENVIRONMENTAL AGENTS, AIR POLLUTANTS, FOSSIL FUELS



This section includes environmental agents, pollutants found in the atmosphere (indoors or outdoors), as well as some industrial products and chemicals that appear to affect your cat. It is recommended to avoid letting it near places where it may be exposed to them.

Tobacco smoke

Natural gas

#### POLLEN MIX



This section includes pollen categories that appear to affect your cat at the time of the test. It is recommended to generally avoid letting it near places where it may be exposed to them.

No results appeared in this category.

#### **PESTS**



This section includes types of insects with which physical contact (including bites) appear to affect your cat at the time of the test.

Mites

Wasps

#### **ANIMAL DANDERS**



This section includes types of animal danders (i.e. skin particles with fur or hair) that appear to affect your cat at the time of the test.

Birds

Horses



#### **MATERIALS**



This section includes materials that appear to affect your cat at the time of the test. It is recommended to minimise physical exposure.

No results.

#### CHEMICALS & HEAVY METALS



This section includes chemicals and heavy metals that appear to affect your cat at the time of the test. It is recommended to track how it may be exposed to these items and minimise any physical contact or avoid letting your companion near them.

**Fertilisers** 

**Fungicides** 

Insecticides

Pesticides

Nickel

Copper

Tin

### POTENTIALLY HARMFUL ENERGIES



This section includes different types of radiation and electromagnetic fields found in the environment or produced by devices/equipment. It is recommended to regulate exposure.

Ultraviolet rays

#### BODY VULNERABILITIES



This category shows parts, systems or bone/joint areas of your cat's body that appear to be in a state of imbalance at the time of the test. Imbalance may indicate chronic sensitivity, an old or more recent injury or condition.

Heart

Face

Rear legs

Shoulder

Small intestine

Anus

Adrenal



#### **COMMON TOXINS**



This section indicates (highlighted in **yellow**) which toxins or toxin categories appear to affect your cat the most at the time of the test.

Antifreeze	Geopathic or	Insecticides, herbici	ides Parasites
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Bacteria Electromagnetic & pesticides Plant poisoning

De-wormers Heartworm Mercury Rodenticide

Drug toxicity treatment medicine Metaldyhyde Toad, rodent, reptile or

or overdose (immiticide) Methylxanthines insect poisoning

Emotional toxins Heavy metals Mycoplasma Vaccinations

Food sensitivities Household Mycotoxins Viral

Fungus chemicals Non-Digestible items

#### **PATHOGENS & DISORDERS**



This section includes pathogens and potentially harmful factors that appear to affect your cat at the

time of the test.

Gastrointestinal parasites

No results. No results.

Gastrointestinal flukes

No results.

Liver flukes

No results.

Bladder parasites

No results.

**Heart Parasites** 

Central Nervous System parasites

Gastrointestinal

protozoa

rasites parasites

Lung parasites

Dirofilaria immitis

No results.

No results.

Intracellular

No results.

(heartworm)



#### **FOOD ADDITIVES & TOXINS**



This section includes food preservatives, ingredients, food production related additives and other products that appear to affect your cat at the time of the test.

Acid (preservative)

Aluminum

Artificial preservatives

Aspartame

Butylated hydroxyanisole

(BHA)

Butylated hydroxytoluene

(BHT)

Carrageenan

Corn

Diacetyl

Emulsifiers and stabilisers

Ethoxyquin ('fish meal')

Farm or environmental

chemical contamination

Food dyes

Glyphosate

Meat byproducts

Microorganism

Contamination

Minerals

Miscellaneous additives

Monosodium glutamate

Neurotoxins

Packaging contamination

Soy

Sugar (preservative)

Vitamins

Wheat gluten

**Xylitol** 

Propylene glycol

Rendered fat

Salt (preservative)

Sensory additives

Sorbitol

#### **NUTRITIONAL ASSESSMENT**



This section includes nutritional groups or consumables that appear to be more important for optimal body functions at the time of the test.

**AMINO ACIDS** 

**VITAMINS** 

**FATTY ACIDS** 

No results.

No results.

No results.

**SUPPLEMENTS** 

**MINERALS** 

**ENZYMES** 

Coenzyme Q10

No results.

No results.



#### **FOODS**



This section includes foods, food categories and food ingredients that appear to affect your cat at the time of the test.

**DAIRY** 

FISH & SEAFOOD

**GRAINS** 

No results.

Bass

No results.

Salmon

Flounder

Mahi mahi

Sole

Tuna

**MEAT & POULTRY** 

**OILS & FATS** 

**VEGETABLES** 

Turkey

Veal

Canola oil

Olive oil

Soy oil

Carrot

Pea

Spinach

**FRUITS** 

No results.



#### PHENOLIC SIGNATURES



Acetaldehyde Chlorogenic Acid Indole Phenylalanine

Apiol Cinnamic Acid Malvin Phenylisothiocyanate

Butylated Coniferyl Alcohol Mannan **Phloridzin** hydroxytoluene Coumarin Menadione **Piperine** Caffeic Acid Pyrrole Gallic Acid Norepinephrine Candida Albicans Histamine Octopamine Salsolinol

Phenols are natural chemical compounds contained in food items and environmental substances. One single phenol can be found in more than 80 sources. Hence, sensitivity to phenols often explains sensitivity appearing in specific food items.

Descriptions of the phenols appearing in your cat's results are included below.

#### Description:

#### Acetaldehyde

Indications: Petrochemical sensitivity, perfumes, flavors, dyes, plastics, synthetic rubber, alcohol, spreading phenomenon of allergies to foods, sugar metabolism and candida disorders.

Sources: Car exhaust, perfumes, flavors, aniline dyes, synthetic rubber, produced in body, and occurs naturally in the following foods: cow's milk, apple, avocado, banana, blackberry, blueberry, broccoli, chili powder, corn, cucumber, eggplant, grape (red and green), grapefruit, haddock, honey, hops, mushroom, orange, peach, pear, pineapple, strawberry, tomato, watermelon, yeast mix, cooked beef, cooked chicken, and cheese.

#### Gallic acid

There are very few plants that don't contain this compound; Occurs naturally in the following foods: cow's milk, apple, apricot, banana, barley, basil, lima bean, navy bean, pinto bean, red bean, soybean, string bean, beer, blackberry, blueberry, brussel sprouts, cantaloupe, cashew nut, cauliflower, american cheese, cheddar cheese, cottage cheese, cocoa, coconut, peach, peanut, pear, pineapple, plum, potato, sweet potato, prune, pumpkin, quince, raisin, rhubarb, strawberry, tea, tomato, vanilla, walnut, watermelon, whole wheat, and yeast mix.

#### Phloridzin

In nature it is found mainly in the rose family. Occurs naturally in apple and sugar beet.



#### **EMOTIONS**



This section indicates the emotions that compose the emotional profile of your cat at the time of the test.

Shameful Spirituality Restlessness Stubborn Mean Sadness Irritate

## FEELINGS/EMOTIONAL BURDEN



This section indicates which feeling or mental state appears to be the one that negatively affects your cat at the time of the test.

Feeling left out

#### **IMBALANCED BODY PART/FUNCTION**



This section indicates which part or function of the animal appears to be mostly affected by its emotional/mental state at the time of the test.

Muscular system

#### **ESSENTIAL OILS**



This section indicates which essential oil is most suitable for your cat at the time of the test.

Coriander

#### **BACH REMEDIES**



This section includes bach remedies that your cat would benefit from at the time of the test.

**Red Chestnut** 

## Thank you!

for choosing TestIntolerance.



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