

# Energetic Sensitivity & Allergy Test

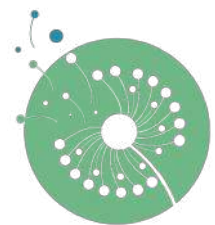
## WHAT WE TEST

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The Energetic Sensitivity & Allergy Test examines your body's frequency resonance with over 1,700 items, including:

- food and food-sourced items,
- chemicals, pests and other environmental factors,
- radiation and other harmful energies.
- Imbalances in organs & the body in general (e.g. hormones, enzymes etc.)

On this list you will find all items or areas for which your sample is tested.



testintolerance

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**additives**

**FOODS**

Acesulfame K  
 Acetates  
 Aluminium  
 Amaranth  
 annato (natural  
 flavoring)  
 Aspartame  
 Benzoic acid/Benzoate  
 family  
 BHA butylated  
 hydroxyanisole  
 BHT butylated  
 Hydroxytoluene  
 Black agent/colour  
 Blue colouring 1  
 Blue colouring 2  
 Blue dyes  
 Brominated vegetable  
 oil  
 Brown dyes  
 Caffeine  
 Calcium sorbate  
 Caramel colorings  
 Carmine/cochineal  
 casein  
 Citrus red 2  
 Cochineal/Carminic  
 acid  
 Corn syrup  
 Cyclamate  
 Dextrose  
 Diacetyl  
 Diethyl pyrocarbonate  
 (DEPC)  
 Erythrosine  
 Food colours  
 Fructose  
 Glutamate (other than  
 MSG)  
 Glycol  
 Green colouring  
 Greens  
 Guarana  
 Gum arabic (acacia)  
 Gum tragacanth  
 High fructose corn  
 syrup  
 Hydrogenated starch  
 Hydrolysate  
 Hydrolyzed  
 vegetable protein  
 Indigo carmine  
 Invert sugar  
 Lactates  
 Lactitol  
 Lactose  
 MSG  
 Maltitol

**beverages**

Modified starch  
 Mycoprotein/quorn  
 Nitrates  
 Nitrite  
 Nitrosamin  
 Olestra (olean)  
 Orange coloring  
 Paraben (hyptyl  
 parabens)  
 Polydextrose  
 Ponceau  
 Potassium bromate  
 Potassium nitrite  
 Potassium sorbate  
 Preservative Mix  
 Propionates  
 Propyl gallate  
 Quinine  
 Red 2  
 Red 3  
 Red 4  
 Red 40  
 Red Dyes  
 Saccharin (954)  
 Salatrim  
 Salt  
 Sodium benzoate  
 Sodium bisulfate  
 Sodium caseinate  
 Sodium Nitrate  
 Sodium sorbate  
 Sodium sulphate  
 Sodium sulphite  
 Sorbic acid  
 sorbitol  
 Stevia rebaudiana  
 Sugar  
 Sulfites  
 Sulfur dioxide  
 Tagatose  
 Tartrazine 102  
 Trans fats  
 Violet agent/colour  
 White agent/colour  
 Xylitol  
 Yellow 5  
 Yellow 6  
 Yellow dyes

Beer  
 Caffeinated Drinks  
 Carbonated drinks  
 Cocoa/Chocolate  
 Coffee  
 Herbal tea  
 Red wine  
 Tea  
 White Wine  
 Wine

**calcium mix (NAET)**

Cal-citrate  
 Cal-Gluconate  
 Cal-lactate  
 Cow's milk  
 Goat's milk  
 Lactic acid  
 Milk-albumin  
 Milk-casein

**cooking ingredients**

Baking powder  
 Baking soda  
 Corn starch  
 Flour  
 Gelatin  
 Gluten  
 Ketchup  
 Mayonnaise  
 Soy lecithin  
 Soy sauce  
 Tofu  
 Vinegar  
 Yeast  
 Yeast-nutritional

**dairy**

1% cow milk  
 2% cow milk  
 3,5% cow milk  
 Bovine hormones  
 Bovine salt  
 Butter  
 Buttermilk  
 Calf rennet  
 Caseinates  
 Cheese spread  
 Cheese whiz  
 Cheese - american  
 Cheese - cheddar  
 Cheese - feta  
 Cheese - gouda  
 Cheese - havarti  
 Cheese - jarlsberg  
 Cheese - Limburger  
 Cheese - marble  
 Cheese - mozzarella  
 Cheese - parmesan  
 Cheese - ricotta  
 Cheese - swiss  
 Colby cheese  
 Cottage cheese  
 Curds (cow)  
 Dairy bacterial culture  
 Devonshire cream  
 Goat milk  
 Ice cream  
 Lactase  
 Lactic acid  
 Margarine  
 Milk - almond  
 Milk - coconut

**egg Mix (NAET)**

Milk - solids  
 Milk - cow  
 Milk - goat  
 Milk - raw  
 Milk - rice  
 Milk - sheep  
 Milk - soy  
 Monterey Jack cheese  
 Nacho cheese  
 Paneer cheese  
 Processed  
 cheese slices  
 Provolone cheese  
 Whey  
 Yoghurt

Chicken  
 Egg - white  
 Egg - whole  
 Egg - yolk  
 Feathers  
 Tetracycline

**grain mix (naet) & grains**

Amaranth  
 Arrow root  
 Barley  
 Buckwheat  
 Corn  
 Corn - red  
 Corn - white  
 Corn - yellow  
 Cornstarch  
 Flour - processed  
 Flour - Soy  
 Flour - wheat  
 Hops  
 Kamut  
 Malt  
 Millet  
 Milo  
 Oat bran  
 Oats  
 Pop corn  
 Quinoa  
 Ragi  
 Rice - white  
 Rice - brown  
 Rice - wild  
 Rye  
 Sago  
 Sorghum  
 Spelt  
 Tapioca  
 Telf  
 Wheat  
 Wheat - bran  
 Wheat - durham  
 Wheat - red  
 Wheat - sprouted  
 Wheat - whole

**dried beans** Black beans  
Black eyed beans  
Garbanzo beans  
Green beans  
Kidney beans  
Lentils  
Lima beans  
Mung beans  
Navy beans  
Peas - green  
Peas - yellow  
Pinto beans  
Red beans  
Soy beans

**fruits** Apple  
Apricot  
Avocado  
Banana  
Blackberry  
Blueberry  
Boysenberry  
Cantaloupe  
Cherry  
Coconut  
Cranberry  
Currant  
Date  
Fig  
Grapefruit  
Grapes - green  
Grapes - red  
Guava  
Honeydew  
Kiwi  
Lemon  
Lime  
Loquat  
Lychee  
Mango  
Nectarine  
Orange  
Papaya  
Peach  
Pear  
Pineapple  
Plum  
Prune  
Quince  
Raisin  
Raspberry  
Rhubarb  
Strawberry  
Tangerine  
Watermelon

**iron mix** Beef  
Ferrous gluconate  
Ferrous sulfate  
Gelatin

**legumes** Adzuki beans  
Black beans  
Black-eyed peas  
Chickpeas  
Fava beans  
Garbanzo beans  
Garbonzo/chickpea  
Great northern beans  
Kidney beans  
Lentils  
Lima beans  
Navy beans  
Pinto beans  
Soy beans

**meat & poultry** Beef  
Bison  
Buffalo  
Chicken  
Cornish hen  
Duck  
Elk  
Emu  
Goat  
Goose  
Kangaroo  
Lamb  
Llama  
Ostrich  
Pheasant  
Pork  
Quail  
Rabbit  
Turkey  
Veal  
Venison (deer)  
Yak

**nuts & seeds** Almond  
Amaranth  
Brazil nut  
Cashew  
Chia seed  
Dill seed  
Flax seed  
Hazelnut/filbert  
Hemp  
Macadamia nut  
Peanut  
Pecan  
Pine nut  
Pistachio  
Sesame seed  
Sunflower seed  
Walnut

**nuts/fats (naet)** Adipocytes  
Almond oil  
Arachidonic acid  
ATP  
Avocado oil  
Borage oil  
Canola oil  
Castor oil  
Chicken fat  
Coconut  
Coconut oil  
Cod liver oil  
Corn oil  
Cotton seed oil  
Crisco oil  
EFA (essen. fatty acid)  
Emu oil  
Evening primrose oil  
Fish oil  
Flax seed oil  
Free fatty acids  
Grape seed oil  
Heated fat  
Hydrogenated fat  
Ketone bodies  
Lanolin oil  
Lard  
Linoleic acid  
Linseed oil  
Lipoprotein lipase  
Mineral oil  
Mustard oil  
Natural steroids  
Oleic acid  
Olive black  
Olive green  
Olive oil  
Oregano oil  
Peanut butter  
Peanut dust  
Peanut husk  
Peanut oil  
Polyunsaturated fat  
Poppy seed  
Pumpkin seed  
Quince seed  
Safflower oil  
Salmon oil  
Saturated fat  
Sesame oil  
Sesame seed  
Soybean oil  
Sunflower oil  
Superheated veg. oil  
Vegetable oil  
Walnut black  
Walnut english  
Walnut oil black  
Wesson oil  
Wheat germ oil

**salt mix (naet)** Iodized salt  
Na chloride  
Nu-salt  
Plain salt  
Potassium chloride  
Rock salt  
Sea salt  
Sodium & chloride  
Table salt

**yeast mix (naet)** Aldehyde  
Baker's yeast  
Brewer's yeast  
Candida albicans  
Sour cream  
Torula yeast

**fish & crustaceans** Abalone  
Ahi fish  
Albacore  
Anchovy  
Bass  
Black bass  
Catfish  
Clam  
Cod  
Crab  
Crappie  
Crayfish  
Fish meal  
Flat fish  
Flounder  
Haddock  
Halibut  
Herring  
Krill  
Lobster  
Mackerel  
Mahi mahi  
Menhaden fish  
Oyster  
Perch  
Polluck  
Red snapper  
Salmon  
Sardine  
Scallop  
Sea bass  
Shark  
Shellfish  
Shrimp  
Snapper  
Sole  
Swordfish  
Tilapia  
Trout  
Tuna

**vegetables**  
Alfalfa sprouts  
Artichoke  
Asparagus  
Beet  
Beet pulp  
Bok choy  
Broccoli  
Brussels sprout  
Cabbage  
Carrot  
Cauliflower  
Celery  
Collard greens  
Corn  
Cucumber  
Dandi greens  
Eggplant  
Endive  
Fennel  
Garlic  
Green beans  
Green pea  
Jicama  
Kale/chard  
Leek  
Lettuce iceberg  
Lettuce red leaf  
Lettuce romaine  
Mushroom  
Mustard greens  
Okra  
Olive  
Onion  
Palm hearts  
Parsnip  
Pea  
Peppers -chili  
Peppers - green  
Peppers - red  
Peppers - yellow  
Pickle  
Portobello mushroom  
Potato  
Pumpkin  
Radish  
Shitake mushroom  
Spinach  
Split pea  
Sprouts  
Squash  
Squash - summer  
squash - winter  
String bean  
Sweet potato  
Swiss chard  
Tomato  
Turnip  
Watercress  
Yam  
Zucchini

**spices & herbs**  
Allspice  
Anise  
Basil  
Bay leaves  
Celery  
Chives  
Cinnamon  
Cloves  
Coriander  
Cumin  
Curry  
Dill  
Garlic  
Ginger  
Marjoram  
Mint  
Mustard  
Nutmeg  
Oregano  
Paprika  
Parsley  
Pepper  
Pepper black  
Pepper red  
Pepper white  
Poppy seed  
Rosemary  
Sage  
Salt  
Savory  
Thyme  
Turmeric  
Caraway seed  
Cardamom  
Chervil  
Cilantro  
Cinnamon  
Cloves  
Coriander  
Cream of tartar  
Cumin  
Curry leaves  
Fennel  
Fenugreek  
Horseradish  
Jalapeno  
Lemon grass  
Lemon rind  
Mace  
Marjoram  
Pepper - banana  
Pepper - green  
Pepper - jalapeno  
Pepper - purple  
Pepper - white  
Poppy seed  
Saffron  
Spearmint  
Sumac  
Vanilla

**sugar mix, sugar substitutes, sugar drinks & sweeteners (naet)**  
Aspartame  
Beet sugar  
Brown sugar  
Cane sugar  
Carob  
Chocolate mix  
Chocolate syrup  
Cocoa  
Coffee mix  
Corn sugar  
Corn syrup  
Dark chocolate  
Date sugar  
Decaffeinated coffee  
Demerara  
Dextrose  
Equal  
Fructose  
Fruit sugar  
Glucose  
Grape sugar  
High fructose corn  
syrup  
Honey  
Lactose  
Maltitol  
Maltose  
Maple sugar  
Molasses  
Nutra sweet  
Raw sugar  
Rice sugar  
Rice syrup  
Saccharin  
Saccharine  
Sorbitol  
Splenda  
Stevia  
Sucralose  
Sucrose  
Sweet & low  
Tannic acid  
Tea  
Turbinado sugar  
White chocolate

### **ANIMAL DANDERS**

Bird  
Camel  
Cat  
Cattle  
Dog  
Goat  
Horse  
Rabbit  
Rodents  
Sheep

### **ENVIRONMENTAL AGENTS & POLLUTANTS (NAET)**

Acid fog  
Acid rain  
Automobile exhaust  
Bakelite  
Car exhaust  
Carbon  
Carbon dioxide  
Carbon monoxide  
Carpet glues  
Chalk  
Chlorine  
Coal dust  
Crude oil  
Crystal  
Deodorant spray  
Diamond  
Diesel  
Dry cleaning chemicals  
Dust  
Dust mites  
Fabric softeners  
Fungicides  
Grain dust  
Graphite  
Gutta-percha tissue  
H2O2  
Hair spray  
Hay dust/straw dust  
Herbicides  
Hydrocarbon  
Inhalant mix  
Insecticides  
Limestone  
Limestone (from water)  
Mattress dust  
Mattress mix  
MBT  
Menthol  
Metal dust  
Methanol  
Mothballs  
Oil paint  
Oxygen  
Ozone  
Paint mix  
Paper mix  
Plaster  
Poison ivy  
Poison oak  
Poison sumac  
Polluted water  
Pool & spa mix  
Quartz rose  
Quicksolve  
Rain water  
Sawdust/wood dust

Silica  
Smog  
Tobacco smoke  
Unleaded fuel  
Upholstery dust  
Water softener salt  
Wood/fireplace  
Smoke/ashes

### **GRASS & POLLENS (NAET)**

Alder pollen  
Alfalfa pollen  
Artemisia  
Corn pollen  
Cypress pollen  
Eucalyptus pollen  
Flower pollen  
Grass pollen  
Great ragweed  
Hazeltree pollen  
Poison ivy  
Poison oak  
Poison sumac  
Pollen mix  
Poppy mix  
Rapeseed pollen  
Rye pollen  
Weed pollen mix  
Wheat pollen

### **PESTS**

Ant  
Bee  
Cockroach  
Dustmite  
Hornet  
Housefly  
Mite  
Mosquito  
Spider  
Termite  
Wasp

### **FOSSIL FUELS**

Aviation fuel  
Coal  
Diesel fuel  
Gasoline/petrol  
- regular  
Gasoline/petrol  
- unleaded  
Kerosene  
Natural gas  
Oil

## **CHEMICALS (NAET) CHEMICAL FAMILIES**

Acetic acid  
Aldicarb  
Agar agar  
Agent orange  
Alginates  
Alum sulfate  
Aluminium salts  
Ammonium chloride  
Amphetamine  
Ant bait  
Antifreeze  
Benzene  
Benzoates  
Bleach  
Cal. propionate  
Cal. silicate  
Carbamates  
Carbon tetrachloride  
Carpet glue  
Carpet mix  
Chlorine  
Chloroform  
Cocaine  
DDT  
Detergents  
Diazinon  
Dibromo -  
chloropropane  
Dichlorobenzene  
Diethylstilboestrol  
Dioxine  
Dry wall  
Durban  
Dyes  
Ecstasy  
EDTA  
Ferric chloride  
Fertilizers  
Food bleach  
Formic acid  
Fungicides  
Gasoline  
Hashish  
Herbicides  
Heroin  
Industrial pollutants  
Insecticides  
Insulation  
K+ gallate  
K+ tartate  
LSD  
Lysol  
Magic mushroom  
Malathion  
Malic acid  
Mannan  
Mannitol

Marijuana  
Neuropeptides  
Nicotine  
Opium  
Organophosphates  
PCP  
Pesticides  
Phenylisothiocyanate  
Phosphoric acid  
Polysorbate  
Pressed wood  
Primer  
Salicylic acid  
Silica  
Sodium hydroxide  
Solvents  
Stucco  
Talc (mag, silicate)  
Tartaric acid  
Toluene  
Trichloroethylene  
Turpentine  
Water chemicals  
Water paint  
Weed killers  
Xylene

### **TREES (NAET)**

Acacia  
Alder mix  
Ash mix  
Beech  
Birch mix  
Cedar mix  
Chestnut tree  
Cypress  
Elm mix  
Fir mix  
Hazeltree mix  
Maple tree  
Oak tree  
Olive tree  
Palm tree  
Pine mix  
Poplar mix  
Sycamore/plane tree  
Walnut  
Willow

## **FABRICS & MATERIALS (NAET)**

Acetate  
Acrylamide  
Acrylic  
Alpaca wool  
Beach cotton  
Buckskin  
Cashmere wool  
Chamol wool  
Coaltar dyes  
Cotton  
Cotton linters  
Crude oil  
Dacron  
Datin  
Denim  
Down  
Dralon  
Elastic  
Elastomer  
Fake leather-SKAI  
Fiberglass  
Flame resistant fabrics  
Flannel  
Fleece  
Foam  
Gore - tex  
Hemp  
Lace  
Latex  
Leather  
Linen  
Lycra  
Microfibre  
Modal  
Nylon  
Orlon  
Plexiglass  
Polar fleece  
Polyester  
Polyethylene  
Polystyrene  
Polyurethane  
Polyvinylchloride  
Rayon  
Resin  
Rubber  
Sheep wool  
Silicon  
Silk  
Spandex  
Styrofoam  
Swede  
Synthetic fibers  
Teflon  
Tergal  
Yarn

## **FUNGI (NAET)**

Animal fungus  
Aspergillus Fumigatus  
Candida Albicans  
Epidermophyton  
Fungus mix  
Microfungus  
Mildew  
Mucocutaneous  
Candidiasis  
Mucomycosis  
Mucor  
Rhizopus  
Ring Worm  
Sporothrix Schenckii  
Toe mix

## **HEAVY METALS (NAET)**

Aluminium  
Amalgam  
Antimony  
Arsenic  
Barium  
Beryllium  
Bismuth  
Brass  
Bromide  
Cadmium  
Cadmium  
Caesium  
Chromium  
Cobalt  
Copper  
Dental-chord  
Francium  
Gadolinium  
Gallium  
Gold  
Lead  
Lithium  
Magnet  
Mercury  
Nickel  
Palladium  
Platinum  
Porcelain  
Rubidium  
Silver  
Strontium  
Surgical steel  
Thallium  
Thorium  
Tin  
Tin  
Titanium  
Uranium

## **MOLDS**

Actinomyces israelii  
Aflatoxins  
Agaricus musc.  
Alternaria tenuis  
Aspergillus flavus  
Aspergillus glaucus  
Aspergillus niger  
Aspergillus terreus  
Bermuda grass smut  
Blastomyces dermat.  
Candida monilia albic.  
Cephalosporium  
Cephalothesium rose  
Chaetomium globosum  
Cladosporium fulvum  
Claviceps paspali  
Claviceps purpurea  
Coccidioides immitis  
Corn smut  
Curvularia spicifera  
Dermatophilus cong.  
Epicoccum cinnabar.  
Epidermophyton flocc.  
Foxtail smut  
Fusarium solani  
Gelasinospora cerealis  
Geotrichum candidum  
Gliocladium fimbriatum  
Histoplasma capsulatum  
Histoplasma farcim. in.  
Hormodendrum cladosp.  
Johnson grass smut  
Microsporum audouinii  
Microsporum canis  
Microsporum gypseum  
Monotospora  
Mucor corymbifera  
Mucor mucedo  
Mucor plumbeus  
Mucor racemosus  
Mycogene alba  
Neurospora sitophila  
Nigrospora sphaerica  
Nocardia asteroides  
Oat smut  
Penicillium chrysogenum  
Penicillium notatum  
Penicillium rubrum  
Phoma destructiva  
Pullaria pullulans  
Rhodotorula mucilagin.  
Rinkel mold  
Scopulariopsis  
Sorghum smut  
Spondylocladium atrov.  
Sporotrichum pruniosum

Stachybotrys atra  
Stemphylium sarcinif.  
Rhizopus nigricans  
Toe mix  
Trichoderma lignorum  
Trichophyton equinum  
Trichophyton gallinae  
Trichophyton mentagr.  
Trichophyton rubra  
Trichophyton tonsurans  
Trichophyton verrucosum  
Verticillium albo  
Wheat bunt  
Wheat smut  
Wheat stem rust

## **HARMFUL ENERGIES**

Electromagnetic  
Microwave  
Radioactive elements  
Radon gas  
Ultraviolet rays  
X-rays

## **GEOPATHIC STRESS**

Aquaducts  
Cold  
Condensation  
(cloud/fog/dew)  
Earth fields  
Earthquake fault line  
Earthquake tremor  
East geomagnetic  
direction  
Electrical storm  
Electromagnetic  
Flowing underground  
water  
Frontal storm  
Full moon  
Heat  
High barometric  
pressure  
High humidity  
Ionized air-negative  
charge  
Ionized air-positive  
charge  
Light wind  
Low barometric  
pressure  
Low humidity  
Lunar tide  
Mineral deposit  
North geomagnetic  
direction

Power lines  
Precipitation  
(rain, snow, hail,  
sleet)  
Solar flare  
Solar tide  
South geomagnetic  
direction  
Strong wind  
Summer solstice  
(long days)  
Underground cave  
Underground ore  
deposit  
Volcanic activity  
West geomagnetic  
direction  
Winter solstice  
(short days)

## **RADIATION (NAET)**

Cobalt 60  
Computer radiation  
Electric radiation  
Electromagnetic  
radiation  
Fluorescent light  
Halogen light  
Microwave radiation  
Moon radiation  
PBB polybrominated  
biphenyls  
PBDE  
polybrominated  
diphenyl ethers  
PCB printed circuit  
board  
Radioactive F.O.  
Radium  
Radon  
Static electricity  
Strontium 90  
Sun radiation  
TV radiation  
Uranium 235  
Uranium 288  
UV light  
Volcanic ash  
Volcanic rock  
X-ray radiation

## **BLOOD COMPONENTS (NAET)**

Albumin  
Alkaline phosphatase  
Anemia blood  
Antihistamine  
Arterial plaque  
Arteries  
B-Lymphocytes  
Basophil  
Bilirubin  
Blood urea nitrogen  
Blood-serum  
Bone marrow  
Catecholamines  
Cholesterol  
Creatinine  
Cytokine  
Dendritic cells  
Endorphin  
Enkephalin  
Eosinophils  
Erythrocytes  
Erythropoetin  
Fibrinogen  
Fibroblast  
Globulin  
Heat liable proteins  
Hematocrit  
Hemoglobin  
Heparin  
High density lipoprotein HDL  
Histamines  
immune system modulators  
Interferon  
Interleukin-1  
Interleukin-2  
Interleukin-3  
Interleukin-4  
Interleukin-5  
Interleukin-6  
Interleukin-7  
Interleukin-8  
Interleukin-9  
Interleukin-10  
Interleukin-11  
Interleukin-12  
Interleukins  
Intima  
Kryptopyrrole  
Leukotrienes  
Leukocytes  
Low density lipoprotein LDL  
Lymph vessels  
Lymphokine

Macrophage  
Mast cells  
Monocytes  
Myocytes  
N. Killer cells  
Neutrophil  
Phagocytes  
Plasma  
Plasmakinin  
Platelets  
Red blood cells  
SGOT  
SGPT  
Sickle cell  
Sodium bicarbonate  
Sodium citrate  
T-Lymphocytes  
Th1 (T-helper cells)  
Th2 (T-helper cells)  
Triglycerides  
Veins  
Very low density lipoprotein VLDL  
White blood cells

## **BODY FLUIDS (NAET)**

ACTH  
Adrenalin  
Blood  
Cortisol  
Epinephrine  
Glucagon  
Glycerol  
Glycogen  
Gonadotropin  
Growth hormone  
Hydrocortisone  
Insulin  
Melanin  
Melatonin  
Norepinephrine  
Oxytocin  
Pancreatin  
Parathyroid hormone  
Pituitrophin  
Saliva  
T-3  
T-4  
Thyrotropin  
Thyroxine  
TRH  
TSH  
Urine  
Vasopressin

## **CELL PROTEINS (NAET)**

Chemical messenger  
CRA 1

CRA 2  
CRA 3  
CRA 4  
NK Cell  
Nuclear Protein  
Stem Cell

## **IMMUNOGLOBULINS (NAET)**

IgA  
IgD  
IgE  
IgG  
IgM

## **ENZYMES & ENZYME MIX (NAET)**

Digestive Juices (intestinal)  
Enzymes (intestinal)  
5-hydroxyindolacetic acid  
Acarbos  
Acetyl cholinesterase inhibitor  
Acetyl CoA carboxylase  
Acetyl CoA enzyme A  
Acetyl CoA  
Aconitase  
Adenylate cyclase  
Aldolase  
Alpha 2 globulin  
Alpha galactosidase  
Alpha gluconidase  
Alpha1 antitrypsin  
Amino transferase  
Amino peptidase  
Amylase  
Amyloid plaques  
Angiogenic factor  
Anti-smith antibodies  
Antiangiogenic factor  
Arylsulfatase  
Beta glucocerebrosidase  
Bile acids  
Bromelain  
Catechyl-o-methyltransferase  
Cellulase  
Chymotrypsin  
Citrate synthase  
Cystathionne synthase  
Elastase  
Endogenous enzyme mix  
Endopeptidase  
Endostatin  
Enterokinase  
Erythrocyte surface antigen

Fructose-6-phosphatase  
G-proteins  
Galactokinase  
Gastric inhibitory peptide  
Gastrin  
Gluc amyase  
Glucose-6-phosphate  
Glucose-6-phosphate dehydrogenase  
Glutamate carboxylase  
Glutamate dehydrogenase  
Glycogen phosphorylase  
Glycogen synthase  
Heat shock proteins  
Hexasamindase  
Hirano bodies  
HMG-CoA reductase  
Homogentisic acid oxidase  
Hypoxanthine guanine phosphorylase  
Lactase  
Lipase  
Lipofuscin granules  
Lipoprotein lipase  
Malate dehydrogenase  
Malonyl CoA  
Maltase  
MAO inhibitors  
Methionine synthase  
Methylmaonyl CoA  
Motilin  
Muscle phosphorylase  
Myeloperoxidase  
Neostigmine  
Neurofibrillary tangles  
Neurokinins  
Nicotinic acetylcholine receptor  
Pancreatin  
Papain  
Peptidase  
Phenylalanine hydroxylase  
Phosphoglucomutase  
Phosphoglucose isomerase  
Polypeptide  
Potassium bicarbonate  
Prostacycline  
Prostaglandins  
Protease  
Ptyalin  
Pyruvate carboxylase  
Pyruvate dehydrogenase  
Somatostatin  
Stem cell  
Substance P  
Succinyl CoA  
Sucrase

Transketolase  
Trypsin  
Tumor suppress. gene  
Vasoactive intestinal  
  polypeptide  
Xanthine oxidase

## **BODY TISSUES (NAET)**

Adipose tissue  
Alveoli lung  
Bone tissue  
Bronchus  
Bursa  
Caecum  
Cardiac muscle  
Cartilage  
Cerebellum  
Cervical vertebrae  
Chief cells  
Coccyx  
Cochlea  
Collagen  
Colon muc. ascending  
Colon muc. descending  
Colon muc. transverse  
Conjunctiva  
Connective tissue  
Cornea  
Dermis  
Diaphragm  
Disc mix  
Duct mix  
Duodenum  
Ear mix  
Endocardium  
Epidermis  
Esophagus  
Eye mix  
G cells  
Goblet cells  
Gum tissue  
Heart tissue  
Human hair  
Iris  
Joint mix  
Kidney tissue  
Larynx  
Ligaments  
Liver tissue  
Lumbar vertebra  
Lung tissue  
Mitral valve  
Moles  
Mucous membrane  
Mucous neck cells  
Muscle mix  
Muscle tissue  
Myocardium

Nail  
Nasal mucosa  
Nerve tissue  
Parietal cells  
Peritoneum  
Pharynx  
Pleura  
Pylorus  
Rectum  
Retina  
Sacrum  
Scar tissue  
Sclera  
Synovial fluid  
Sinus maxillary  
Skeletal muscle tissue  
Skin  
Skin tags  
Skin warts  
Small intestine tissue  
Smooth muscle tissue

## **GLANDS (NAET)**

Adrenal gland  
Body fluid mix  
Lymph gland  
Mammary/prostate  
  glands  
Parathyroid gland  
Parotid gland  
Pineal gland  
Pituitary gland  
Salivary gland  
Suprarenal gland  
Thymus gland  
Thyroid gland

## **HORMONES (NAET)**

Androgen  
Androsterone  
DHEA  
Estradiol  
Estrogens  
Estrol  
FSH  
HCG  
LH  
Progesterone  
Serotonin  
Testosterone

## **ACID MIX (NAET)**

HCL  
Pepsin  
Stomach  
Sugar Digestion

## **AMINO ACIDS (NAET)**

Alanine  
Arginine  
Aspartic acid  
Carnitine  
Citruline  
Cysteine  
Glutamic acid  
Glutathione  
Glycine  
Histidine  
Isoleucine  
Leucine  
Lysine  
Methionine  
Ornithine  
Phenylalanine  
Proline  
Serine  
Taurine  
Threonine  
Tryptophan  
Tyrosine  
Valine

## **VITAMINS & MINERALS (NAET)**

Acerola C  
Ascorbic acid  
B-1  
B-2  
B-3  
B-4  
B-5  
B-6  
B-12  
B-13  
B-15  
B-17  
Berry mix  
Beta carotene  
Bioflavonoid  
Biotin  
Boron  
Bromide  
Chlorine  
Chlorophyll  
Choline  
Citrus mix  
Cucumber mix  
Europium  
Fish mix  
Fluorine  
Folic acid  
Fruit mix  
Germanium  
Hesperidin

Inositol  
Iodine  
Magnesium  
Manganese  
Melon mix  
Mercury  
Molybdenum  
Nickel  
Oxalix acid  
Paba  
Phosphorus  
Potassium  
Quercetin  
Rutin  
Samarium  
Scandium  
Selenium  
Shellfish mix  
Sulfur  
Titanium  
Tungsten  
Vanadium  
Vegetable mix  
Vinegar mix  
Vitamin A  
Zinc  
Zirconium

## **NERVES (NAET)**

Abducens nerves  
Accessory nerves  
Acoustic nerves  
Facial nerves  
Femoral nerves  
Glossopharyngeal nerve  
Hypoglossal nerve  
Median nerve  
Oculomotor nerve  
Olfactory nerves  
Optic nerves  
Peroneal nerves  
Radial nerves  
Sciatic nerves  
Sympathetic nerves  
Tibial nerves  
Trigeminal nerves  
Trochlear nerves  
Ulnar nerves  
Vagus nerve

## **ORGANS (NAET)**

Bladder  
Brain mix  
Gallbladder  
Heart  
Kidney  
Large intestine



Liver  
Lung  
Ovary/uterus,  
prostate  
Ovary/prostate  
Pancreas  
Pericardium  
Small intestine  
Spleen  
Stomach

Interest  
Irritate  
Jealousy  
Loneliness  
Love  
Low Self Esteem  
Low Self Worth  
Mean  
Misfortune  
Money  
Obstinate  
Overconfidence  
Overprotective  
Panic  
Passion  
Phobia  
Poor Concentration  
Procrastination  
Quarrelsome  
Rage  
Rejection  
Resentment  
Restlessness  
Sadness  
Selfishness  
Shameful  
Spirituality  
Stress  
Stubborn  
Suffocation  
Worry

Urinary bladder  
meridian  
Urinary bladder -  
timidity/peeved

## **EMOTIONS (NAET)**

Abandonment  
Anger  
Anxiety  
Apathy  
Betrayal  
Bothersome  
Carelessness  
Cluttering  
Concern  
Confusion  
Contradictory  
Criticism  
Decision Making  
Depression  
Deprivation  
Despise  
Disagree  
Disappointment  
Disatisfaction  
Discomfort  
Discouragement  
Disgrace  
Disgust  
Dishonest  
Dishonor  
Dislike  
Distrust  
Dominating  
Embarrassment  
Envy  
Exhibitionism  
Failure  
Faithless  
Fear  
Frustration  
Grief  
Guilt  
Hatred  
Helplessness  
Hopelessness  
Ignoring  
Impatience  
Inability  
Inadequacy  
Inefficiency  
Inferiority Complex  
Insecurity

## **EMOTIONS & MERIDIANS (NAET)**

Gallbladder meridian  
Gallbladder - resentment,  
stubborn  
Heart meridian  
Heart-unemotional/lack  
of joy  
Kidney meridian  
Kidney - fear/shame  
Large intestine meridian  
Large intestine -  
defensive/rejection  
Liver meridian  
Liver - anger/frustration  
Lung meridian  
Lung - grief/sadness  
Small intestine meridian  
Small intestine -  
insecure/abandonment  
Spleen/pancreas  
meridians  
Spleen/pancreas - self  
esteem/control  
Stomach meridian  
Stomach -  
disgust/impatience

# PHENOLS

Phenols are natural chemical compounds contained in food items and environmental substances (such as plants, herbs etc.), as well as industrial products. They may have a positive or negative impact on human health, depending on various factors (amount, source, individual constitution etc.).

## Acetaldehyde

Indications: Petrochemical sensitivity, perfumes, flavors, dyes, plastics, synthetic rubber, alcohol, spreading phenomenon of allergies to foods, sugar metabolism and candida disorders.

Sources: Car exhaust, perfumes, flavors, aniline dyes, synthetic rubber, produced in body, and occurs naturally in the following foods: cow's milk, apple, avocado, banana, blackberry, blueberry, broccoli, chili powder, corn, cucumber, eggplant, grape (red and green), grapefruit, haddock, honey, hops, mushroom, orange, peach, pear, pineapple, strawberry, tomato, watermelon, yeast mix, cooked beef, cooked chicken, and cheese.

## Apiol

Sources: cow's milk, almond, bay leaf, anise seed, soybean, beef, carrot, celery, american cheese, cheddar cheese, dill, lemon, lettuce, goat's milk, nutmeg, orange, parsley, green peas, black pepper, red pepper, green pepper, tomato, and walnut.

## Butylated Hydroxytoluene

BHT is a preservative that is used in a wide variety of products ranging from cold cereals to soup. It is in numerous packaged and canned foods. Occurs naturally in cocoa.

## Caffeic Acid

This phenolic is undoubtedly one of the most widespread of all phenolics found in plants and also occurs naturally in the following foods: apple, artichoke, lima bean, navy bean, pinto bean, red bean, string bean, carrot, cauliflower, coffee, red and green grape, lettuce, potato, green olive, and ripe olive.

## Candida Albicans

The fungus Candida is not a phenolic, however it produces numerous phenolic compounds that may increase allergy response, weaken the immune system, and can be related with increased reactions to petrochemical based substances such as perfumes.

## Chlorogenic Acid

Sources: allspice, apple, apricot, cherry, coffee, green olive, ripe olive, peach, potato, sweet potato, and strawberry.

## Cinnamic Acid

This phenolic compound is found abundantly in evergreen trees and animal danders. Sources: cows' milk, allspice, apple, apricot, avocado, banana, beet, sugar beet, blackberry, blueberry, boysenberry, carrot, cherry, clove, coconut, date, red and green grape, grapefruit, honey, horseradish, lemon, lime, mango, goat milk, breast milk, green olive, ripe olive, peach, pear, plum, prune, quince, raisin, rhubarb, spearmint, strawberry, tomato, watermelon, and yeast mix.

## Coniferyl Alcohol

This substance is in conifers and fermented products. It occurs naturally in the following food items: asparagus, beet, sugarbeet, sage, and yeast mix.

## Coumarin

Commercially it is used as an aromatic ingredient in perfumes, deodorants, soaps, sun lotion, tobacco, butter, ink, and rubbers. Sources: cow's milk, apple, banana, barley, lima bean, navy bean, pinto bean, red bean, beef, beer, beet, sugar beet, carrot, celery, american cheese, cheddar cheese, cottage cheese, chicken, cinnamon, cocoa, corn, egg yolk, lemon, lettuce, lime, goat milk, breast milk, mutton, oat, black eyed pea, green pea, peanut, sweet potato, rice, sage, tomato, tuna fish, turkey, vanilla, wheat bran, whole wheat, and yeast mix.

## Gallic Acid

There are very few plants that don't contain this compound; Occurs naturally in the following foods: cow's milk, apple, apricot, banana, barley, basil, lima bean, navy bean, pinto bean, red bean, soybean, string bean, beer, blackberry, blueberry, brussel sprouts, cantaloupe, cashew nut, cauliflower, american cheese, cheddar cheese, cottage cheese, cocoa, coconut, peach, peanut, pear, pineapple, plum, potato, sweet potato, prune, pumpkin, quince, raisin, rhubarb, strawberry, tea, tomato, vanilla, walnut, watermelon, whole wheat, and yeast mix.

## Histamine

Sources: black bass, beer, cow's milk, catfish, chicken, cocoa, codfish, crabmeat, flounder, haddock, halibut, ham, lobster, goat milk, breast milk, mutton, oyster, perch, salmon, scallop, shrimp, trout, tuna fish, turkey, yeast mix.

## Indole

It occurs naturally in jasmine, orange flowers, and other plants that have a musk like fragrance.

## Malvin

Any plant that displays blue, red or purple colouring contains this compound. Sources: cow's milk, apple, apricot, avocado, banana, red bean, beet, sugar beet, blackberry, blueberry, boysenberry, cabbage, carrot, cashew nut, cherry, cinnamon, corn, crabmeat, cranberry, eggplant, fig, red and green grape, grapefruit, honey, mustard seed, green olive, ripe olive, onion, papaya, blackeyed pea, green pea, peach, pear, pimento, plum, potato, quince, radish, rhubarb, strawberry, tomato, turnip, walnut, and watermelon.

## **Mannan**

It is a byproduct of *Candida Albicans* and suppresses T-lymphocyte production and can also lower glucose response. Appearing in the test results may indicate it is worth considering treatment for candida imbalances.

## **Menadione**

Sources: cow's milk, apple, artichoke, asparagus, avocado, celery, cocoa, red and green grape, lettuce, goat milk, breast milk, okra, green pea, pear, yellow squash, strawberry, turnip.

## **Norepinephrine**

Sources: banana, clam, orange, plum, potato, and sweet potato. Norepinephrine is also found in foods where enzymatic browning has taken place.

## **Octopamine**

Sources: clam, ham, lobster, cow's milk, mustard seed, mutton, onion, pork, and numerous shellfish.

## **Phenylalanine**

Sources: skimmed milk, barley, cocoa, codfish, cranberry, egg, gelatin, green and red grape, hops, potato, sweet potato, yeast mix.

## **Phenylisothiocyanate**

Sources: cow's milk, lima bean, navy bean, pinto bean, red bean, soybean, broccoli, brussel sprouts, cocoa, horseradish, mustard seed, mutton, onion, black eyed pea, green pea, black pepper, radish, tomato, watercress, turnips.

## **Phloridzen**

In nature it is found mainly in the rose family. Occurs naturally in apple and sugar beet.

## **Piperine**

Sources: brandy, chili powder, cucumber, black pepper, red and green pepper, sage. It is also found in household insecticides and pesticides.

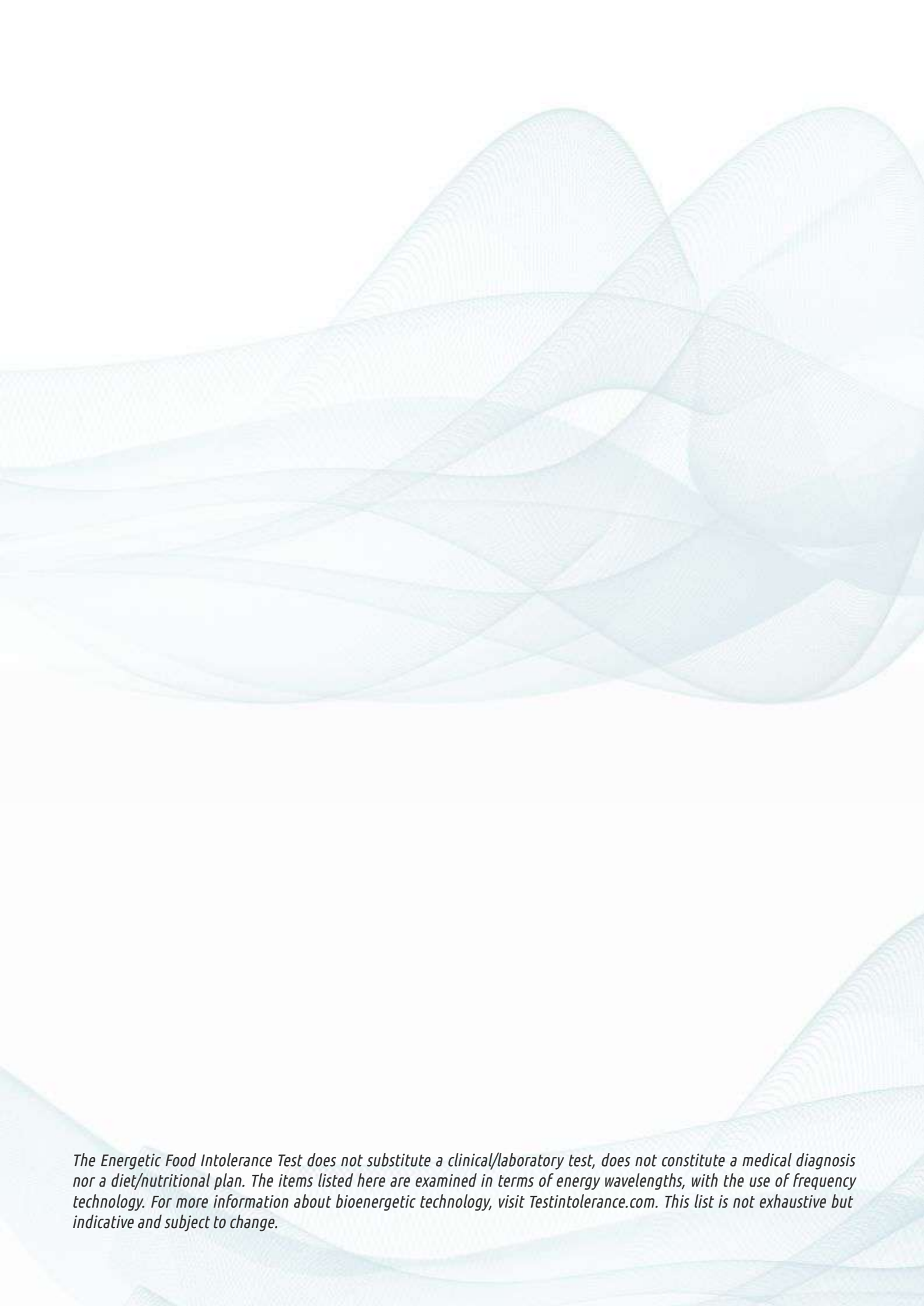
## **Pyrrole**

Pyrrole is commonly used in the manufacturing of pharmaceuticals; it is also found in coal tar, auto fumes, and pesticides. Occurs naturally in egg white.

## **Salsolinol**

Occurs naturally in chocolate and alcohol.





*The Energetic Food Intolerance Test does not substitute a clinical/laboratory test, does not constitute a medical diagnosis nor a diet/nutritional plan. The items listed here are examined in terms of energy wavelengths, with the use of frequency technology. For more information about bioenergetic technology, visit [Testintolerance.com](http://Testintolerance.com). This list is not exhaustive but indicative and subject to change.*